

Name:		Week/Dates:		
	Did you attend a Silicon Labs Fitness Class? Y/N (1 point per class attended)	Did you attend the fitness challenge this week? Y/N (1 point for attending)	Did the team you were on for the fitness challenge win this week? (2 points if your team won)	Did you successfully complete the weekly nutrition challenge? (.5 points for every day you complete)
Monday	Bootcamp Y / N	-----	-----	Y / N
Tuesday	-----	-----	-----	Y / N
Wednesday	Bootcamp Y / N	Y / N	Y / N	Y / N
Thursday	Yoga Y / N	-----	-----	Y / N
Friday	-----	-----	-----	Y / N

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